

The Healthy Start Coalition of Flagler & Volusia Counties 2021-2025 Service Delivery Plan (SDP)

Acknowledgements:

The Healthy Start Coalition of Flagler & Volusia Counties 2021-25 SDP is the result of collaboration between more than 32 individuals and organizations without whom this immense undertaking could not have been achieved.

The Coalition

The Healthy Start Coalition of Flagler and Volusia Counties was founded in 1992 as the result of a collaborative effort among many local individuals and organizations including the Constituency for Children of Volusia and Flagler Counties, Volusia County Children & Families Advisory Board, Volusia County Health Department, Flagler County Health Department, Halifax Medical Center and the United Way. The Mission of the Healthy Start Coalition is to connect people and resources to support the needs and well-being of families. Our guiding principles:

- Quality must be integral to all facets of Healthy Start activities.
- The Protective Factors framework is our overarching philosophy to promote every family's ability to raise healthy and happy children and contribute to a strong community.
- All Healthy Start staff, volunteers, and partners must respect and value all cultures and commit to continuous improvement in our understanding of diversity – in employees, clients and partners.

Programs & Initiatives

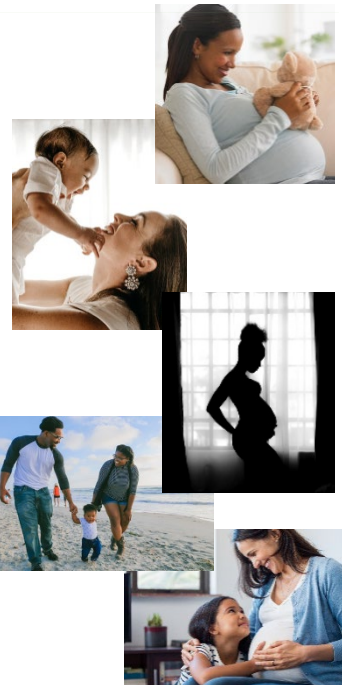
- Universal Screening Coordination
- Coordinated Intake & Referral (CI&R)/CONNECT
- Healthy Start Care Coordination
- Fetal Infant Mortality Review (FIMR) Initiative
- Outreach, Screening & Medical Provider Awareness

Additional Local Programs and Initiatives:

- Healthy Families
- CARE Specialists
- Wraparound Supports (via CONNECT & CARE Specialists)
- Nursing Services
- Substance Exposed Newborns (SEN) Taskforce
- Parent Partner Initiative & the Family Engagement Advisory Board

Major Accomplishments Over The Past Five Years:

- Development and Implementation of the CI&R CONNECT System
- Transition To a new evidence-informed Care Coordination Program
- Reaccreditation of Healthy Families Volusia/Flagler
- Implementation of Nursing Services (CAPTA & Community Health)
- Continuation of Services Through COVID



Community Survey Data:

When asked the most frequently requested additional services by clients, frontline staff reported:

- Car Seats/Pack & Plays, Diapers (22%)
- Counseling, Mental Health and Substance Use Treatment (22%)
- Childcare (20%)
- WIC, Food Stamps, Financial Assistance (14%) if you count Medicaid (22%)

Finally, when asked their own opinions of additional services needed staff requested more: Counseling, Mental Health and Substance Use Treatment (26%), Housing (22%), and Parenting Supports (22%)

Volusia and Flagler leaders identified the Parent Partner program, Healthy Families and Care Coordination as being the three best programs or supports provided by the Healthy Start Coalition of Flagler & Volusia Counties. When asked what programs/initiatives should be expanded if resources were available, the following services represented the top (5) choices selected:

- 1) Doula/Midwifery Services,
- 2) Other Programs/Services
- 3) Peer support
- 4) Direct care/nursing (tie)
- 4) Parent/family engagement activities (tie)

Interestingly, when asked about their perceptions as to whether Flagler and Volusia Counties have well-coordinated approaches to maternal and child health initiatives the mean score from Leadership of Community Partner organizations for Flagler County was 3.0. Conversely Volusia County had a mean score of 4.08 on the same question. There were also anecdotal comments from frontline staff regarding the absence of ‘presence’ of The Healthy Start Coalition of Flagler & Volusia Counties in Flagler County. Healthy Start programs are serving significant numbers of women and families in Flagler County, however a disconnect seems to exist between actions taking place and visible presence/community awareness.

2021-2025 Selected Indicators, Status & 5 Year Goals

Priorities for the 2021-25 plan were established based on extensive review of the data, discussion of resources and priorities and known gaps in services. Throughout the planning period Healthy Start staff and Service Delivery Plan Workgroup members reviewed the data on existing priorities and indicator goals to determine progress, assess which strategies should be expanded upon and explore new initiatives and goals that data indicates are needed.

- Infant Mortality
- Maternal Mortality
- Breastfeeding Initiation
- Low Birth Weight
- Entry into Prenatal Care

Additional Potential Initiatives

As a result of activities by the FL Association of Healthy Start Coalitions, legislative actions and other opportunities, the following programs and initiatives are expected to ‘roll out’ statewide as well as in Volusia and Flagler Counties within the next 6-12 months.

- FIMR expansion
- Fatherhood Initiatives
- Doula program/billing

Selected Health Indicators - Current Status & Goals by Planning Cycle

SELECTED HEALTH INDICATORS	2016 STATUS	CURRENT STATUS*		SERVICE AREA 5-YEAR GOALS	SERVICE AREA 5-YEAR GOALS
	Local Volusia/Flagler	FL	Local Volusia/Flagler	2017-2021	2021-2025
Reduce Infant Mortality Rate**	4.5**	6.0**	6.2/6.5**	4.5	5.5
Reduce Maternal Mortality Rate**	26.9/0.0**	20.1	40.7/40.6**	N/A	25.0
Increase Breastfeeding Initiation	78.3%/86.0%	86%	79.8%/81.5%	N/A	87%
Reduce Low Birth Weight	8.7%/8.9%	8.8	8.3/8.5	7.2	7.9
Increase First Trimester Prenatal Care	72.3%	75.9%	78.8/80.1	85%	85%

*Current Status is based upon most current data available, generally 2019

**Indicates that rolling 3 year data was utilized for goal setting purposes. However, 2017-2021 Service Delivery Plan looked at single year rates

Selected System Indicators - Current Status & Goals by Planning Cycle

HEALTHY START SYSTEM INDICATORS	CURRENT STATUS*		SERVICE AREA 5-YEAR GOALS	SERVICE AREA 5-YEAR GOALS
	FL	Local	2017-2021	2021-2025
Prenatal Screening Rates (Consent)	90.08%	93.61%	97%	>94.0%
Prenatal Screening Rates	65.01%	80.53%	>93.0%	>83.0%
Infant Screening	95.94%	93.11%	90.0%	>96.0%
CI&R/CONNECT Completed Initial Intakes - Prenatal	49.80%	43.30%	N/A	>50%
CI&R/CONNECT Completed Initial Intakes - Infant	65.80%	64.40%	N/A	>70%
Cases referred to services - Prenatal	31.96%	18.86%	N/A	>30%
Cases referred to services - Infant	33.19%	30.77%	N/A	>40%

Discussion Questions:

What areas of the SDP are you most excited about?

Are there any areas of the SDP that cause confusion or stress for you?

Are we missing anything that should be included in the SDP?

Do you have any pressing questions?